



# MENU

Serving Breakfast Since 1985

## BREAKFAST COMBOS:

- 1

**3 Pancakes & 2 Eggs - \$13.99**  
With choice of Sausage, Bacon, Ham or Canadian Bacon
- 2

**2 Eggs, Home Fries & Toast - \$12.99**  
With choice of Sausage, Bacon, Ham or Canadian Bacon
- 3

**4 Eggs & Toast - \$13.99**  
With choice of Sausage, Bacon, Ham or Canadian Bacon

- 4

**3 Fluffy Pancakes - \$12.99**  
With choice of glazed strawberries, fresh banana slices, peach slices, blueberry or chocolate chips
- 5

**Belgian Waffle - \$13.99**  
With choice of glazed strawberries, fresh banana slices, peach slices or chocolate chips
- 6

**6oz New York Strip Steak & 2 Eggs - \$20.99**  
Served with Home Fries and toast

Substitute Turkey Bacon or Turkey Sausage \$ 2.99

Substitute Gluten Free Toast \$1.99

## GIANT 3 EGG OMELETTES:

All omelettes are served with grilled home fries & toast

- Great Canadian Omelette - \$14.99**  
Canadian Bacon, Mushrooms & Cheddar Cheese
- Meat Lover Omelette - \$14.99**  
Ham, Bacon & Sausage
- Western Omelette - \$14.99**  
Ham, Green Peppers & Onions
- Vegetarian Omelette - \$14.99**  
Green Peppers, Mushrooms & Onions
- Bacon & Cheese or Ham & Cheese Omelette - \$14.99**  
choice of American, Cheddar or Feta Cheese

- Plain Omelette - \$10.99**  
3 Large Eggs  
Build your own **\$1.99** per item
- Cheese Omelette - \$12.99**  
American, Cheddar, Mozzarella or Feta Cheese
- Big Turk Omelette - \$14.99**  
Turkey Sausage, Green Peppers and Onions
- Greek Omelette - \$14.99**  
Tomato, Feta & Spinach
- Spinach, Mushroom & Cheese Omelette - \$14.99**  
American, Cheddar, Mozzarella or Feta Cheese
- CPH Omelette - \$14.99**  
Sausage, Mixed Peppers, Onions topped with Hollandaise sauce



Substitute Gluten Free Toast \$1.99

Sub Egg Whites \$1.99

Add Cheese to you Omelette \$1.99

## CPH FAVOURITES

- 3 Fluffy Pancakes - \$9.99**  
Add Bacon, Ham, Sausage or Canadian Bacon **\$3.99**  
Add Turkey Bacon or Turkey Sausage **\$4.99**
- Golden French Toast with a hint of Vanilla, Cinnamon & Powdered Sugar - \$10.99**  
Add Bacon, Ham, Sausage or Canadian Bacon **\$3.99**  
Add Turkey Bacon or Turkey Sausage **\$4.99**  
Add fruit topping or Nutella **\$2.99**
- Continental's Special "Stuffed French Toast" - \$13.99**  
Nutella, Mascarpone Cheese, Banana stuffed inside 3 slices of French Toast
- Eggs Benny - \$13.99**  
English muffin, 2 poached eggs, 2 slices of peameal bacon, home fries & hollandaise sauce
- Veggie Eggs Benny - \$13.99**  
English muffin, 2 poached eggs with spinach, hollandaise sauce, side of tomato & home fries
- Breakfast Poutine - \$13.99**  
2 eggs any style, choice of bacon, ham, sausage or Canadian bacon served on homefries topped with Hollandaise sauce & cheddar cheese  
Substitute Turkey Bacon or Turkey Sausage **\$2.99**

- Belgian Waffle Sprinkled with Powdered Sugar - \$10.99**  
Add Bacon, Ham, Sausage or Canadian Bacon **\$3.99**  
Add Turkey Bacon or Turkey Sausage **\$4.99**  
Add 3pc Crispy Chicken Fingers **\$4.99**
- Homemade Crepes - \$10.99**  
3 crepes filled with choice of glazed strawberries, fresh banana slices or peach slices  
Add Ice Cream **\$2.99** Add Nutella **\$2.99**
- Cheese & Egg Crepes - \$10.99**  
2 crepes filled with eggs and cheddar cheese
- Nutella Banana Crepes - \$13.99**  
3 crepes filled with Nutella & bananas
- Cheese & Veggie Crepes - \$13.99**  
2 crepes filled with green peppers, mushrooms, onions & cheddar cheese
- World Famous Panweech - \$10.99**  
Cheese and egg with your choice of Bacon, Ham, Sausage or Canadian Bacon served between 2 golden pancakes  
Substitute Turkey Bacon or Turkey Sausage **\$2.99**



## Maple Syrup Glass Bottle

Available for purchase

## SANDWICHES & MORE:



All sandwiches & burgers come with grilled home fries

- Steak Sub Deluxe - \$15.99**  
cheese, lettuce, tomato, mixed peppers, onions & mushrooms
- Grilled Chicken Breast on a Bun - \$11.99**  
With lettuce, tomato & cheese
- Vegan Platter - \$11.99**  
Sauteed mixed peppers, onions, mushrooms with home fries & side tomato  
Add 2 Eggs **\$4.99**
- Toasted Club House - \$13.99**  
Chicken, lettuce, tomato, bacon & cheese stacked on 3 pieces of white or whole wheat  
Substitute Turkey Bacon or Turkey Sausage **\$2.99**
- Bacon, Egg & Cheese Sandwich - \$10.99**  
Served on white or whole wheat
- Minestrone or Beef Barley Soup - \$7.99**  
Served with toast
- 5pc Crispy Chicken Tenders with Home Fries - \$11.99**

- BLT - \$10.99**  
Bacon, lettuce & tomato on white or whole wheat  
**SUPREME** - Add 1 egg & cheese **\$3.99**
- PLT - \$10.99**  
Peameal Bacon, lettuce & tomato on white or whole wheat  
**SUPREME** - Add 1 egg & cheese **\$3.99**
- Western Sandwich - \$10.99**  
Ham, onion & green peppers on white or whole wheat  
Add Cheese **\$1.99**
- Grilled Cheese - \$7.99**  
Add Bacon **\$3.99**
- Grilled Beef Burger - \$10.99**  
with lettuce, tomato & onion  
Add Cheese **\$1.99**  
Add Bacon **\$3.99**
- CPH Burger - \$14.99**  
with lettuce, tomato, onion, egg, Canadian bacon, & cheese topped with Hollandaise Sauce



- Juice**  
Orange, Cranberry, Apple, Lemonade, Tomato  
**Sm: \$2.99 Lg: \$3.99**
- White Milk**  
**Sm: \$2.99 Lg: \$3.99**
- Chocolate Milk**  
**Sm: \$3.25 Lg: \$3.99**
- 16oz XL Milkshakes/Floats - \$4.99**  
Vanilla, Chocolate, Strawberry or Banana

- Bottled Water - \$1.99**
- Iced Tea (Nestea or unsweetened) - \$2.99**
- Bottomless Coffee - \$2.99**  
with meals
- Pot of Tea - \$2.99**  
Choice of Orange Pekoe, Green Tea, Chamomile, Peppermint, Earl Grey
- Hot Chocolate served with Whipped Cream - \$2.99**
- Pop/Soda (355ml) - \$2.99**  
Coke, Diet Coke, Ginger Ale, Sprite, A&W
- Specialty Coffees**  
**Espresso - \$2.99**  
**Cappuccino, Cafe Latte, Cafe Mocha - \$3.99**

## SIDE ORDERS

- 2 Eggs any style **\$4.99**

2 Eggs any style and toast **\$7.99**

Turkey Sausage (3pc) **\$4.99**

Turkey Bacon (3pc) **\$4.99**

Canadian Bacon (3pc) **\$4.99**

Sausage (3pc) **\$3.99**

Ham **\$3.99**

Bacon (3pc) **\$3.99**
- Home Fries **\$3.99**

Toast, English Muffin or Rye Toast **\$2.99**

Gluten Free Toast **\$3.49**

Bagel with CreamCheese **\$3.99**

Cold Cereal (corn flakes, bran flakes, fruit loops) **\$3.99**
- Fresh Banana **\$2.99**

Fruit Topping **\$2.99**

Peach Cup/Fruit Cocktail **\$3.49**

Side of Tomato **\$1.99**

2oz Nutella Cup **\$2.99**

3 Scoops Ice Cream **\$3.49**

Hollandaise Sauce **\$1.99**

Gravy **\$1.99**
- ## BREAKFAST FAMILY PACKS
- Breakfast Family Feast With Pancakes - \$74.99**  
8 Scrambled Eggs, with 3 serving of Fresh Grilled Home Fries, 9 Bacon strips, 9 Pork Sausage links, and 6 Fluffy Pancakes  
Serves 4. Not available for dine-in

**Breakfast Family Feast With Belgian Waffles - \$74.99**  
8 Scrambled Eggs, with 3 serving of Fresh Grilled Home Fries, 9 Bacon Strips, 9 Pork Sausage Links, and 8 Belgian Waffle Triangles.  
Serves 4. Not available for dine-in

**Breakfast Family Feast with Golden French Toast - \$74.99**  
8 Scrambled Eggs, with 3 serving of Fresh Grilled Home Fries, 9 Bacon Strips, 9 Pork Sausage Links, and 12 Triangles of Golden French Toast  
Serves 4. Not available for dine-in
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- Serving Breakfast Since 1985